



## Team Building - 2 days

### Description:

The team building training course guides you through the techniques for identifying and evaluating the contribution each person can make to the team.

The teambuilding training course teaches you to overcome personality conflicts and you will explore the many proven ways to motivate and coach team members to contribute and play their part effectively.

### Audience:

Managers, supervisors and team leaders - anyone responsible for managing a team of workers.

### Prerequisites:

None.

### Objectives

After completing this course, participants should be able to:

- Create a team whose members pull together
- Improve team communications and reporting
- Understand and have a way of resolving team conflicts and clashes
- Balance the needs of the individual and the needs of the need

### Course Topics

#### Understanding team fundamentals

- Team fundamentals
- Team member roles
- Team goals
- Working together

#### Communicating in teams

- Team communication
- Elements of communication
- Supportive, effective communication

#### Nonverbal communication and active listening

- Nonverbal communication
- Active listening
- Response to input

#### Conflict

- Identifying conflict
- Nature of conflict
- Power

#### Resolving and handling conflict

- Resolving conflict
- Handling conflict
- Conflict resolution styles

#### Making a decision

- Collective decisions
- Team decisions
- Decision-making methods

#### Consensus

- Consensus process
- Consensus challenges